

DEMOGRAPHICS

Please put a tick in the box that applies to your answer: e.g. Mother ☒

Demo_1. Who of the following, if any, do you live with?

(Select as many boxes as you need)

- | | |
|---|-----------------------------|
| Mother | ☐ 1 |
| Father | ☐ 2 |
| Adoptive mother | ☐ 3 |
| Adoptive father | ☐ 4 |
| Stepmother or Stepfather | ☐ 5 |
| Mother's partner | ☐ 6 |
| Father's partner | ☐ 7 |
| Foster parents or Foster carers | ☐ 8 |
| Sister(s) or Brother(s) | ☐ 9 |
| Adopted sister(s) or Adopted brother(s) | ☐ 10 |
| Stepsister(s) or Stepbrother(s) | ☐ 11 |
| Half-sister(s) or Half-brother(s) | ☐ 12 |
| Grandmother or Grandfather | ☐ 13 |
| Other relative | ☐ 14 |
| Other non-relative | ☐ 15 |
| I live in children's residential care | ☐ 16 |
| None of these | ☐ 17 |

Demo_2. If you do not live with your parents, do you have support from a social worker to live where you do?

Only ask if both mother and father have not been selected Demo_1.

- Yes ☐ 1
- No ☐ 2

Demo_3. To which of the following do you consider yourself to belong to?

(Select one answer only)

- | | |
|--------------------------|----------------------------|
| The Protestant community | ☐ 1 |
| The Catholic community | ☐ 2 |
| Neither community | ☐ 3 |
| Other (Please tell us) | ☐ 4 |

Demo_4. Do all the people who live in your house have the same community background (e.g. Protestant, Catholic, or some other community)?

(Select one answer only)

Yes ☐ 1

No ☐ 2

Demo_5. What is your ethnic group?

(Select one option that best describes your ethnic group or background)

White ☐ 1

Irish Traveller ☐ 2

Mixed / Multiple ethnic groups

White and Black Caribbean ☐ 3

White and Black African ☐ 4

White and Asian ☐ 5

Any other Mixed / Multiple ethnic background ☐ 6

Asian / Asian British

Indian ☐ 7

Pakistani ☐ 8

Bangladeshi ☐ 9

Chinese ☐ 10

Any other Asian background ☐ 11

Black / African / Caribbean / Black British

African ☐ 12

Caribbean ☐ 13

Any other Black / African / Caribbean background ☐ 14

Other ethnic group

Arab ☐ 15

Any other ethnic group, please specify ☐ 16

Demo_6. In which country were you born?

(Select one answer only)

Northern Ireland ☐ 1

England ☐ 2

Wales ☐ 3

Scotland ☐ 4

Republic of Ireland ☐ 5

Somewhere else (please say where) ☐ 6

LONG_TERM CONDITIONS

LongTermConditions_1. In general, how would you say your health is?

- | | |
|-----------|----------------------------|
| Very good | ☐ 1 |
| Good | ☐ 2 |
| Fair | ☐ 3 |
| Bad | ☐ 4 |
| Very Bad | ☐ 5 |

LongTermConditions_2. Do you have any physical or mental health conditions or illnesses, lasting or expected to last, for 12 months or more?

This type of long-term medical condition is something which lasts a long time and can get worse over time. It needs to be treated, for example, with tablets or special exercises, over a period of years. Long-term medical conditions can be very different from each other.

Some examples are: diabetes, asthma, epilepsy, depression, anxiety.

- | | | |
|-----|----------------------------|------------------------------------|
| Yes | ☐ 1 | → Continue to LongTermConditions_3 |
| No | ☐ 2 | → Go to Personal Wellbeing |

LongTermConditions_3. Does your condition or illness / do any of your conditions or illnesses reduce your ability to carry out day-to-day activities?

- | | |
|---------------|----------------------------|
| Yes, a lot | ☐ 1 |
| Yes, a little | ☐ 2 |
| Not at all | ☐ 3 |

PERSONAL WELLBEING

These questions are about your feelings on aspects of your life. There are no right or wrong answers.

(ASK TO ALL)

PersonalWellbeing_1. On a scale of zero to ten where zero is not satisfied at all and ten is completely satisfied...

Overall, how satisfied are you with your life nowadays?

0	1	2	3	4	5	6	7	8	9	10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Not satisfied					Completely					
at all					satisfied					

PersonalWellbeing_2. On a scale of zero to ten where zero is not worthwhile at all and ten is completely worthwhile...

Overall, to what extent do you feel that the things you do in your life are worthwhile?

0	1	2	3	4	5	6	7	8	9	10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Not worthwhile					Completely					
at all					worthwhile					

PersonalWellbeing_3. On a scale of zero to ten where zero is not happy at all and ten is completely happy...

Overall, how happy did you feel yesterday?

0	1	2	3	4	5	6	7	8	9	10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Not happy					Completely					
at all					happy					

SELF EFFICACY

YEAR 8 ONLY

Sometimes school can be difficult and we want to understand the different things that pupils find tough. How difficult would you find the following things to be?

(Select one box for each line)

SelfEfficacy...	Very hard 1	Hard 2	Easy 3	Very easy 4
...1a. Get teachers to help me when I get stuck on schoolwork	☐	☐	☐	☐
...1b. Get another pupil to help me when I get stuck on schoolwork	☐	☐	☐	☐
...1c. Solve difficult maths problems	☐	☐	☐	☐
...1d. Do schoolwork for English	☐	☐	☐	☐
...1e. Get myself to concentrate in class	☐	☐	☐	☐
...1f. Get myself to do homework	☐	☐	☐	☐

YEAR 9-12 ONLY

Thinking about how you feel about your ability to cope with the challenges of daily life, how much do you agree or disagree with the following statements. (Select **one** box for each line)

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
SelfEfficacy...	1	2	3	4	5
...2a. I can always manage to solve difficult problems if I try hard enough.	☐	☐	☐	☐	☐
...2b. I am confident that I could deal efficiently with unexpected events.	☐	☐	☐	☐	☐
...2c. I can remain calm when facing difficulties because I can rely on my coping abilities.	☐	☐	☐	☐	☐
...2d. When I am confronted with a problem, I can usually find several solutions.	☐	☐	☐	☐	☐
...2e. No matter what comes my way, I'm usually able to handle it.	☐	☐	☐	☐	☐

LOCUS OF CONTROL

YEAR 8 ONLY

Do you believe the following statements?

(Select one box for each line)

LocusOfControl...	Yes 1	No 2
...3a. Do you believe that most problems will solve themselves if you just leave them alone?	☐	☐
...3b. Do you feel that most of the time it doesn't pay to try hard because things never turn out right anyway?	☐	☐
...3c. Do you feel that most of the time parents listen to what their children have to say?	☐	☐
...3d. Do you feel that when you do something wrong there's very little you can do to make it right?	☐	☐
...3e. Have you felt that when people were nasty to you it was usually for no reason at all?	☐	☐
...3f. Do you believe that when bad things are going to happen they just are going to happen no matter what you try to do to stop them?	☐	☐
...3g. Do you feel that when somebody your age wants to be your enemy there's nothing you can do to change matters?	☐	☐
...3h. Do you feel that when someone doesn't like you there's nothing you can do about it?	☐	☐
...3i. Do you usually feel that it's almost useless to try in school because most other children are just smarter than you are?	☐	☐
...3j. Are you the kind of person who believes that planning ahead makes things turn out better?	☐	☐

YEAR 9-12 ONLY

Thinking about your beliefs about things that happen in everyday life, how much do you agree or disagree with the following statements?

(Select **one** box for each line)

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
LocusOfControl...	1	2	3	4	5
...4a. I am in control of my life.	☐	☐	☐	☐	☐
...4b. If I take the right steps, I can avoid problems.	☐	☐	☐	☐	☐
...4c. Most things that affect my life happen by accident.	☐	☐	☐	☐	☐
...4d. If it's meant to be, I will be successful.	☐	☐	☐	☐	☐
...4e. I can only do what people in my life want me to do.	☐	☐	☐	☐	☐

SPORT AND PHYSICAL ACTIVITY

The following questions are about sport and physical activity.

Sport or physical activity is not just exercise but any activity that makes your heart beat faster and makes you out of breath or hot and sweaty some of the time.

Physical activity can be done in sports, school activities, playing with friends or walking to school. It can include activities such as walking quickly, dancing, cycling, skateboarding, rollerblading, trampolining, football, gymnastics, athletics.

Sports_1. Do you enjoy doing sport or physical activity?

- | | |
|----------------|----------------------------|
| Yes, a lot | ☐ 1 |
| Yes, a little | ☐ 2 |
| No, not at all | ☐ 3 |

Sports_2. How many minutes do you think you SHOULD spend each day playing sport, doing physical activity or playing actively to make you out of breath or hot or sweaty in order to be healthy?

- | | |
|-------------------|----------------------------|
| 15 mins | ☐ 1 |
| 30 mins | ☐ 2 |
| 60 mins | ☐ 3 |
| 90 mins | ☐ 4 |
| More than 90 mins | ☐ 5 |

Sports_3. In the last 12 months, which of the following sports or physical activities have you done?

(Select as many answers as you need)

- | | |
|---|-----------------------------|
| Active games (e.g. chase, skipping, rounder's etc.) | ☐ 1 |
| Angling / fishing | ☐ 2 |
| Athletics / cross country | ☐ 3 |
| Basketball / netball / volleyball | ☐ 4 |
| Boxing | ☐ 5 |
| Canoeing / Kayaking / Rowing / Paddleboarding | ☐ 6 |
| Cricket | ☐ 7 |
| Crossfit, Hyrox, HIIT | ☐ 8 |
| Cycling | ☐ 9 |
| Dancing (e.g. contemporary, ballet, tap etc.) | ☐ 10 |
| Darts | ☐ 11 |
| Football | ☐ 12 |
| Gaelic Football | ☐ 13 |
| Golf, pitch and putt, putting | ☐ 14 |
| Guided fitness activities
(e.g. yoga, pilates, Zumba, circuits, spin, boxercise) | ☐ 15 |
| Gymnastics | ☐ 16 |
| Hockey | ☐ 17 |
| Horse riding | ☐ 18 |
| Hurling / Camogie | ☐ 19 |
| Ice skating | ☐ 20 |
| Indoor or outdoor bowls, tenpin bowling or Boccia | ☐ 21 |
| Jogging / Running | ☐ 22 |
| Martial Arts | ☐ 23 |
| Motor sports | ☐ 24 |

Outdoor adventure sports

(e.g. rock climbing, abseiling or orienteering) ☐ 25Rugby (union, league or tag) ☐ 26Shooting ☐ 27Skiing / Snowboarding ☐ 28Snooker, pool, billiards ☐ 29Swimming or diving ☐ 30Table tennis ☐ 31Tennis / Badminton / Squash / Pickleball ☐ 32Trampolining ☐ 33

Urban Sports

(e.g. Skateboarding / rollerblading, scooting, BMX, Parkour or breakdancing) ☐ 34Walking for Exercise / Hill walking ☐ 35Weight training / lifting / body building ☐ 36Windsurfing / boardsailing / surfing ☐ 37Yachting or dinghy sailing ☐ 38Any other Sports or Physical Activities ☐ 39None of these ☐ 40 → Sports_6**Sports_4. What benefits, if any, have you experienced as a result of your participation in sports or physical activities over the past 12 months? (Select as many answers as you need)**Learned new skills / developed existing skill ☐ 1Developed leadership skills ☐ 2Developed skills as a team player ☐ 3Improved mental health / physical health ☐ 4Helped me gain a qualification ☐ 5

- | | |
|---|-----------------------------|
| Enabled me to communicate with family / friends | ☐ 6 |
| Developed my confidence | ☐ 7 |
| Opportunities to make friends | ☐ 8 |
| Keep Fit | ☐ 9 |
| Lose Weight | ☐ 10 |
| Have Fun | ☐ 11 |
| I achieved something | ☐ 12 |
| None at all | ☐ 13 |

Sports_5 In the last 7 days, which of the following sports or physical activities have you done?

(Select as many answers as you need)

Only show list of previously selected sports from the past 12 months

None of these ☐ 40

Sports_6. Over the **last 7 days**, on how many days have you played any sport, done any physical activity, or played actively that made you out of breath or hot and sweaty for **a total of at least 60 minutes** each day?

- | | |
|---------|----------------------------|
| No days | ☐ 1 |
| 1 day | ☐ 2 |
| 2 days | ☐ 3 |
| 3 days | ☐ 4 |
| 4 days | ☐ 5 |
| 5 days | ☐ 6 |
| 6 days | ☐ 7 |
| 7 days | ☐ 8 |

Sports_7. In a typical **week**, how many hours do you spend playing any sport, doing any physical activity, or playing actively that would make you out of breath or hot and sweaty?

- None ☐ 1
- About 1-2 hours ☐ 2
- About 3-4 hours ☐ 3
- About 5-6 hours ☐ 4
- About 7-8 hours ☐ 5
- About 9-10 hours ☐ 6
- More than 10 hours ☐ 7

How many hours per week do you normally take part in:

	More than 7 hours 1	About 7 hours 2	About 6 hours 3	About 5 hours 4	About 4 hours 5	About 3 hours 6	About 2 hours 7	About 1 hour 8	None 9
Sports_8a. PE / games lessons during normal school hours (this does not include after school sports clubs)									
Sports_8b. Sport or physical activities at school outside normal school hours (before or after school)									
Sports_8c. Sport or physical activities not connected to school									

Sports_9. Are you a member of a club or team that involves you taking part in sport or physical activity?

(Select as many answers as you need)

- Yes, a school club or team ☐ 1
- Yes, a club or team not connected with school ☐ 2
- No, I am not a member of any club or team involving sport or physical activity ☐ 3

Sports_10. What, if anything, would encourage you to participate in sport (more) in the future?

(Select as many answers as you need)

- Facilities nearer to home / school ☐ 1
- Better quality facilities ☐ 2
- Better opening hours ☐ 3
- Better information on facilities I could use ☐ 4
- Better facilities for people with disabilities ☐ 5
- Someone to go with ☐ 6
- Improved transport / access ☐ 7
- Cheaper admission prices ☐ 8
- Cheaper kit and / or equipment ☐ 9
- Something else (please tell us) ☐ 10
- Nothing ☐ 11

Sports_11. In the last 12 months, how often have you received any tuition or coaching from an instructor or coach (other than your PE / games teacher during normal PE / games lessons) to help improve your performance in any sport or physical activity? (Select one answer only)

- At least once a week ☐ 1
- At least once a month ☐ 2
- Once every 2-3 months ☐ 3
- Once or twice in the last 12 months ☐ 4

Not at all in the last 12 months ☐ 5

Sports_12. In the last 12 months, how often have you gone to a live sports event, as a spectator? (Select one answer only)

At least once a week ☐ 1

At least once a month ☐ 2

Once every 2-3 months ☐ 3

Once or twice in the last 12 months ☐ 4

Not at all in the last 12 months ☐ 5

Sports_13. Which of the following statements most applies to you? (Select one answer only)

I am very active and eat healthily ☐ 1

I am very active but don't eat healthily ☐ 2

I am not very active but eat healthily ☐ 3

I am not very active and don't eat healthily ☐ 4

CPR TRAINING

If a person won't wake up or isn't breathing, they could be having a cardiac arrest. Cardiac Arrest is when someone's heart stops pumping blood around their body. You need to start CPR straight away. CPR involves pressing up and down on the person's chest. CPR is a way of pumping the person's heart and breathing for them.

CPR training can be delivered through an instructor teaching you or you could teach yourself by reading about it in a book or watching a DVD or being instructed online with or without a manikin dummy.

CPR_1. Have you ever had any type of training in CPR or learned CPR in any other way?

- Yes ☐ 1 → Continue to CPR_2
 No ☐ 2 → Go to CPR_4

CPR_2. Where did you most recently have any type of training in CPR, or learn CPR in any other way?

- At Primary School P ____ ☐ 1
 At Secondary School Year _____ ☐ 2
 Through an organisation other than school (please tell us) ☐ 3

CPR_3. Which of these best describes how you most recently had any type of training in CPR or learned CPR in any other way?

- I taught myself from a book, using a DVD or online (through the internet (e.g. YouTube, other website)) or another self-learning tool ☐ 1
 Training which was compulsory for me to take as part of my volunteering or hobby ☐ 2
 Training which I opted to take as part of my volunteering or hobby ☐ 3
 Training I took at school ☐ 4
 Other form of CPR training (please tell us) ☐ 5

CPR_4. How likely is it that you would perform CPR on someone who has collapsed and stopped breathing?

- Very likely ☐ 1
 Fairly likely ☐ 2
 Not very likely ☐ 3
 Not at all likely ☐ 4

CPR_5. How confident would you be in performing CPR on someone who has collapsed and stopped breathing?

- Very confident ☐ 1
- Fairly confident ☐ 2
- Not very confident ☐ 3
- Not at all confident ☐ 4

An automated external defibrillator (AED) is a portable electronic device that gives the heart an electronic shock when someone's heart has stopped (cardiac arrest). You may have seen these devices on the wall outside your local supermarket or in your school.



CPR_6. Have you ever been shown how to use or been trained in the use of an AED (defibrillator)?

- Yes ☐ 1 → Continue to Question CPR_7
- No ☐ 2 → Go to Next Section

CPR_7. Where were you most recently shown how to use or trained in the use of an AED?

- At Primary School P _____ (CPR_7prim) ☐ 1
- At Secondary School Year _____ (CPR_7sec) ☐ 2
- Through an organisation other than school (please tell us) ☐ 3

LIBRARIES

Library_1. Have you used a public library in Northern Ireland in the last 12 months? (This includes branch and mobile libraries but NOT school libraries)

Yes ☐ 1 → Library_3

No ☐ 2 → Library_2

Library_2. Why do you not currently use a public library in Northern Ireland? (This includes branch and mobile libraries but NOT school libraries)

(Select as many answers as you need)

Opening hours do not suit me. ☐ 1

Programmed activities and events do not interest me. ☐ 2

Borrowing books and other resources does not interest me. ☐ 3

I do not need to use the facilities and equipment. ☐ 4

There is not enough space in the library to meet others and hang out. ☐ 5

Some other reason. ☐ 6

Library_3 All to answer this question

Library_3. On average, how often have you used the public library service in the last 12 months? (Public library service includes branch libraries; mobile libraries; an event run by Libraries NI online or in a venue other than a library; used the Libraries NI website; downloaded free eBooks / eMagazines / eNewspapers / eAudiobooks using your library membership)

Once a week or more ☐ 1 → Library_4

Once every 2-3 weeks ☐ 2 → Library_4

Once a month ☐ 3 → Library_4

Once every few months ☐ 4 → Library_4

Less often ☐ 5 → Library_4

Not at all ☐ 6 → Library_7

Library_4. Why do you use the public library service? (NOT including school libraries)

(Select as many answers as you need)

- | | |
|---|-----------------------------|
| To borrow | ☐ 1 |
| To download free eBooks / eAudiobooks | ☐ 2 |
| To download free eMagazines / eNewspapers | ☐ 3 |
| To attend events | ☐ 4 |
| To do homework | ☐ 5 |
| To study for exams | ☐ 6 |
| To use the free Wi-Fi | ☐ 7 |
| To use the library computers | ☐ 8 |
| To use photocopier / printer / scanner | ☐ 9 |
| As a space to meet friends | ☐ 10 |
| Some other reason (please tell us) | ☐ 11 |

Library_5. Using the public library service has ...?

(Select as many answers as you need)

- | | |
|---|----------------------------|
| Helped me to read more | ☐ 1 |
| Given me access to computers | ☐ 2 |
| Given me space to study | ☐ 3 |
| Given me a place to do my homework | ☐ 4 |
| Helped me to relax | ☐ 5 |
| Helped my mental health | ☐ 6 |
| Helped me in another way (please tell us) | ☐ 7 |
| Hasn't helped me with anything | ☐ 8 |

Library_6. Thinking about the last time you used the public library service, how much did you enjoy it? (this does NOT include school libraries)

(Select one answer only)

- | | |
|------------|----------------------------|
| A lot | ☐ 1 |
| A little | ☐ 2 |
| Not at all | ☐ 3 |

Library_7. Overall, how satisfied or dissatisfied are you with the public library provision in Northern Ireland?

(Select one answer only)

- | | |
|------------------------------------|----------------------------|
| Very satisfied | ☐ 1 |
| Fairly satisfied | ☐ 2 |
| Neither satisfied nor dissatisfied | ☐ 3 |
| Fairly dissatisfied | ☐ 4 |
| Very dissatisfied | ☐ 5 |

MUSEUMS & SCIENCE CENTRES

The following questions are about your experiences of museums and science centres in Northern Ireland.

Museum_1. Which of the following places have you visited in the last 12 months?

(Select as many answers as you need)

- | | |
|--|---------------------------------------|
| Ulster Museum in Belfast | ☐ 1 |
| Ulster Folk Museum in Cultra | ☐ 2 |
| Ulster Transport Museum in Cultra | ☐ 3 |
| Ulster American Folk Park in Omagh | ☐ 4 |
| W5 at Odyssey Centre in Belfast | ☐ 5 |
| Armagh Planetarium | ☐ 6 |
| Other museum(s) or science centre(s) in Northern Ireland | |
| e.g. Mount Stewart, The Tower Museum etc | ☐ 7 |
| None | ☐ 8 → Museum_5 |

Museum_2. Was your visit(s) to the museum or science centre...?

(Select as many answers as you need)

- | | |
|--|----------------------------|
| On a school trip | ☐ 1 |
| With a club / group (e.g. youth group, scouts, etc.) | ☐ 2 |
| With family or friends | ☐ 3 |

Museum_3. While visiting the museum or science centre did you take part in any activity related to something you are studying at school?

Yes ☐ 1

No ☐ 2

Museum_4. What benefits, if any, have you experienced as a result of visiting a museum or science centre or participating in a museum or science centre event?

(Select as many answers as you need)

- | | |
|---|-----------------------------|
| Learned new skills / developed existing skills | ☐ 1 |
| Improved my knowledge | ☐ 2 |
| Helped me think about a future career | ☐ 3 |
| Helped me with studies for school | ☐ 4 |
| Helped me gain a qualification | ☐ 5 |
| Enabled me to communicate with family / friends | ☐ 6 |
| Improved health / Positive impact on my wellbeing | ☐ 7 |
| Developed my confidence | ☐ 8 |
| Helped me feel connected to my heritage | ☐ 9 |
| Helped me feel connected to my community | ☐ 10 |
| I made new friends | ☐ 11 |
| I had fun | ☐ 12 |
| Helped me get a job | ☐ 13 |
| Other (please tell us) | ☐ 14 |
| No benefit | ☐ 15 |

Museum_5. Did anyone from a museum or science centre visit your class in the last 12 months?

Yes ☐ 1

No ☐ 2

Museum_6. Which, if any, of the reasons listed below would encourage you to go to a museum or science centre in Northern Ireland more often? (Select as many answers as you need)

- | | |
|---|-----------------------------|
| An exhibition I am particularly interested in | ☐ 1 |
| More activities, especially for people my age | ☐ 2 |
| Better opening times | ☐ 3 |
| Better public transport service to and from museums | ☐ 4 |
| More information about what is on | ☐ 5 |
| If I had more time | ☐ 6 |
| If I had someone to go with | ☐ 7 |
| Cheaper admission prices | ☐ 8 |
| If museums were closer to where I live | ☐ 9 |
| If museums were in safer areas | ☐ 10 |
| Nothing – I already go as often as I want to | ☐ 11 |
| Nothing – I'm not really interested | ☐ 12 |
| Something else (please tell us) | ☐ 13 |

HISTORIC ENVIRONMENT

HistoricEnvironment_1. In the last 12 months, have you visited any of the following places?

(Select as many answers as you need)

Visited a historic building, garden or landscape open to the public (e.g. a National Trust House, a historic town hall, a museum in an old building or an event in a historic house or its grounds) ☐ 1

Visited historical monuments or sites of archaeological interest (Castles, ruins & forts) ☐ 2

Visited a city or town with historic character (a town with lots of old buildings) ☐ 3

None of these ☐ 4

HistoricEnvironment_2. What benefits, if any, have you experienced as a result of visiting an historic place? Ask if HistoricEnvironment_1= 1,2 or 3.

(Select as many answers as you need)

Learned new skills / developed existing skills ☐ 1

Improved my knowledge ☐ 2

Helped me think about a future career ☐ 3

Helped me with studies for school ☐ 4

Helped me gain a qualification ☐ 5

Enabled me to communicate with family / friends ☐ 6

Improved health / Positive impact on my wellbeing ☐ 7

Developed my confidence ☐ 8

Helped me feel connected to my heritage ☐ 9

Helped me feel connected to my community ☐ 10

I made new friends ☐ 11

I had fun ☐ 12

Helped me get a job ☐ 13

Other (please tell us) ☐ 14

No benefit ☐ 15

ARTS

Arts_1. Which of the following 'Arts' activities have you DONE or TAKEN PART in, in the last 12 months?

(Select as many answers as you need)

- | | |
|--|-----------------------------|
| Danced (any kind, but not for fitness) | ☐ 1 |
| Sang (not karaoke) or played a musical instrument to an audience, including rehearsal for a performance | ☐ 2 |
| Played a musical instrument for your own pleasure | ☐ 3 |
| Written music in your free time | ☐ 4 |
| Written any stories or poetry in your free time (not including schoolwork or homework) | ☐ 5 |
| Performed in or rehearsed for a play / drama / pantomime / musical / opera | ☐ 6 |
| Painting, drawing, sculpture or printmaking in your free time (not including schoolwork or homework) | ☐ 7 |
| Photography or made films / videos as an artistic activity (not including family or holiday photos, films or videos) | ☐ 8 |
| Any sort of crafts such as textiles, wood, pottery or jewellery making | ☐ 9 |
| Read for pleasure (not including schoolbooks, newspapers, magazines or comics) | ☐ 10 |
| Helped to organise or run a musical / festival / pantomime or show of any kind | ☐ 11 |
| Used a computer to create original artworks or animation | ☐ 12 |
| None of the above | ☐ 13 |

Arts_2. Which of the following 'Arts' events have you BEEN TO in the last 12 months?

(Select as many answers as you need)

- | | |
|---|-----------------------------|
| Film at a cinema or other venue | ☐ 1 |
| Circus or carnival | ☐ 2 |
| Pantomime or musical | ☐ 3 |
| An Arts festival or Community festival | ☐ 4 |
| Play or drama at a theatre or other venue | ☐ 5 |
| Opera | ☐ 6 |
| Rock or pop music performance | ☐ 7 |
| Traditional or folk music performance | ☐ 8 |
| Classical or jazz music performance | ☐ 9 |
| Other live music performance or concert | ☐ 10 |
| Ballet | ☐ 11 |
| Irish dancing performance | ☐ 12 |
| Any other live dance event | ☐ 13 |
| Poetry reading or storytelling / anything to do with books / writing | ☐ 14 |
| Any type of event including art / photography / sculpture / video /
electronic arts / crafts | ☐ 15 |
| Street art (such as art in parks, busking) | ☐ 16 |
| Museum | ☐ 17 |
| None of the above | ☐ 18 |

→ (If both Arts_1 & Arts_2 = None, go to Arts_7)

Arts_3. How did you benefit, if at all, from taking part in arts activity(s) or attending the arts events?

(Select as many answers as you need)

- It had a positive impact on my wellbeing ☐ 1
- I learned new skills / developed existing skills ☐ 2
- It improved my knowledge ☐ 3
- It helped me think about a future career ☐ 4
- It helped with studies for school ☐ 5
- It allowed me to spend time with my family or friends ☐ 6
- It improved my health ☐ 7
- I was able to communicate better with family / friends ☐ 8
- I felt more confident ☐ 9
- I made new friends ☐ 10
- I had fun ☐ 11
- I was able to express myself in a new way ☐ 12
- I enjoyed being creative ☐ 13
- I didn't feel any benefit ☐ 14

Routing - If ARTS_2 in (1 to 17)

Arts_4. Thinking about the last 'Arts' event you went to, how much did you enjoy it?

- A lot ☐ 1
- A little ☐ 2
- Not at all ☐ 3

Routing - If ARTS_2 in (1 to 17)

Arts_5. Thinking about the **last 'Arts' event you went to, would you attend a similar event again?**

- Yes ☐ 1
- No ☐ 1

Arts_6. In the last 12 months, how often have you received any tuition from an instructor (other than your teacher during normal lessons) to help improve your performance in any art activity?

- | | |
|-------------------------------------|----------------------------|
| At least once a week | ☐ 1 |
| At least once a month | ☐ 2 |
| Once every 2-3 months | ☐ 3 |
| Once or twice in the last 12 months | ☐ 4 |
| Not at all in the last 12 months | ☐ 5 |

Arts_7. What, if anything, would encourage you to attend (more) 'arts' events or take part (more) in 'arts' activities? (Select as many answers as you need)

- | | |
|---|-----------------------------|
| More relevant content | ☐ 1 |
| Opportunities for interaction with artists | ☐ 2 |
| More opportunities to see well-known artists | ☐ 3 |
| More opportunities to discover new talent | ☐ 4 |
| More accessible venues that support my specific needs | ☐ 5 |
| Venues with improved sound, lighting or stage design | ☐ 6 |
| Venues closer to where I live | ☐ 7 |
| Lower costs | ☐ 8 |
| Someone to go with | ☐ 9 |
| Improved transport / access | ☐ 10 |
| Performances at different times of the day | ☐ 11 |
| More aware of what events are on | ☐ 12 |
| Something else | ☐ 13 |
| Nothing, I already attend as often as I want to | ☐ 14 |
| Nothing, I am just not interested in attending | ☐ 15 |

VOLUNTEERING

These next questions are about any **unpaid** help you've given to any clubs, groups, campaigns or organisations in the last 12 months. Sometimes we forget about all the helping out that we do, so please take a few moments to think about this before answering the questions.

Volunteering_1. Thinking back over the last 12 months, have you given up any of your time to help out with groups, clubs or organisations without getting paid? (such as helping out at a youth club or church group?)

- | | |
|-------------------------------------|---|
| Yes, in school time | ☐ 1 → Volunteering_2 |
| Yes, in my own spare time | ☐ 2 → Volunteering_2 |
| No, but I'd like to in the future | ☐ 3 → Volunteering_5 |
| No, and I'd not consider doing this | ☐ 4 → Volunteering_5 |

Volunteering_2. If you've said yes to helping out, then you're volunteering! These next questions are about your volunteering.

Which of these areas have you been volunteering in?

(Select as many answers as you need)

- | | |
|---|-----------------------------|
| Children or young people (in schools) | ☐ 1 |
| Children or youth groups (outside school) | ☐ 2 |
| Health, disability and wellbeing | ☐ 3 |
| Physical activity, sport and exercise
(like coaching, organising or otherwise helping out) | ☐ 4 |
| Local community or neighbourhood | ☐ 5 |
| Religion and belief | ☐ 6 |
| Hobbies and recreation | ☐ 7 |
| Groups aimed at supporting older people | ☐ 8 |
| Politics | ☐ 9 |
| Justice and human rights | ☐ 10 |

- | | |
|---|-----------------------------|
| Environmental protection | ☐ 11 |
| Emergency services, first aid and public safety | ☐ 12 |
| Culture and heritage | ☐ 13 |
| Animal welfare | ☐ 14 |
| Online volunteering | ☐ 15 |
| Other (Please tell us) | ☐ 16 |

Volunteering_3. How often have you volunteered in the last 12 months?

- | | |
|--------------------------|----------------------------|
| A few times a week | ☐ 1 |
| About once a week | ☐ 2 |
| At least once a month | ☐ 3 |
| Five or six times a year | ☐ 4 |
| A few times a year | ☐ 5 |
| No more than once a year | ☐ 6 |

Volunteering_4. Have you experienced any of the following as a result of volunteering?

(Select as many answers as you need)

- | | |
|--------------------------------|-----------------------------|
| Having fun | ☐ 1 |
| Learning new skills | ☐ 2 |
| Increased confidence | ☐ 3 |
| Making new friends | ☐ 4 |
| Feeling part of a team | ☐ 5 |
| Increased trust in others | ☐ 6 |
| Feeling I've made a difference | ☐ 7 |
| Feeling appreciated | ☐ 8 |
| Feeling happier | ☐ 9 |
| Feeling better about myself | ☐ 10 |

- | | |
|---|-----------------------------|
| Feeling less lonely or isolated | ☐ 11 |
| Improved mental health | ☐ 12 |
| Improved physical health | ☐ 13 |
| Increased understanding of what I can achieve | ☐ 14 |
| Learning how to overcome challenges | ☐ 15 |
| Being a leader | ☐ 16 |
| Feeling I've improved my study prospects | ☐ 17 |
| Feeling I've improved my job prospects | ☐ 18 |
| None of these | ☐ 19 |

Volunteering_5. What would encourage you to either start volunteering, or do more volunteering in the future?

Please select no more than five options.

- | | |
|---|-----------------------------|
| If I could do it with my friends | ☐ 1 |
| If I could do it with my family | ☐ 2 |
| If I could volunteer in something that interested me or was important to me | ☐ 3 |
| If I knew I would be making a difference | ☐ 4 |
| If I knew I would be fully supported during my volunteering | ☐ 5 |
| If I knew I would be appreciated | ☐ 6 |
| If it fitted around my other commitments (e.g. homework, weekend job, etc.) | ☐ 7 |
| If there were more volunteering opportunities available for people under 16 years | ☐ 8 |
| If there was more help available to find out about volunteering opportunities | ☐ 9 |
| If someone asked me to do something | ☐ 10 |
| If I could try volunteering to see if I liked it | ☐ 11 |
| If I could volunteer close to where I live | ☐ 12 |
| If it would improve my skills | ☐ 13 |
| If it would improve my career / job prospects | ☐ 14 |
| Other (Please tell us) | ☐ 15 |
| Nothing would encourage me | ☐ 16 |

This next section asks about any other unpaid help you may have given on your own, that was not through a group, club or organisation. This could be to help other people or to improve the environment in your local area - for example, keeping in touch with someone who is at risk of being lonely (in person, telephoning or email); doing a litter pick in your local area; or helping a neighbour with household chores, cooking, cleaning, gardening. Please do not include things you have done in your own home or help given to a family member who lives elsewhere.

Volunteering_6. Thinking back over the last 12 months, have you given any other unpaid help like this, outside of anything you've done through a group, club or organisation?

- | | |
|---|---|
| Yes | ☐ 1 → Volunteering_7 |
| No, but I'd like to do this in the future | ☐ 2 → Next section |
| No, and I'd not consider doing this | ☐ 3 → Next section |

Volunteering_7. How often have you given help like this to other people or to improve the environment in the last 12 months?

- | | |
|--------------------------|----------------------------|
| A few times a week | ☐ 1 |
| About once a week | ☐ 2 |
| At least once a month | ☐ 3 |
| Five or six times a year | ☐ 4 |
| A few times a year | ☐ 5 |
| No more than once a year | ☐ 6 |

USE OF IRISH AND ULSTER-SCOTS LANGUAGE

Irish_UlsterScots_1. Can you understand, speak, read or write Irish, to some level?
(Select as many answers as you need)

- | | |
|-------------------------|--|
| Understand spoken Irish | ☐ 1 → Irish_UlsterScots_2 |
| Speak Irish | ☐ 2 → Irish_UlsterScots_2 |
| Read Irish | ☐ 3 → Irish_UlsterScots_2 |
| Write Irish | ☐ 4 → Irish_UlsterScots_2 |
| None of the above | ☐ 5 → Irish_UlsterScots_4 |

Irish_UlsterScots_2. Which statement best describes your current ability to communicate using the Irish language?

(Select one answer only)

- | | |
|--|----------------------------|
| Able to say single words or simple phrases e.g. 'hello', 'how are you?' | ☐ 1 |
| Able to say simple sentences e.g. 'can I have a cup of tea?' | ☐ 2 |
| Able to carry on an everyday conversation e.g. describing your day | ☐ 3 |
| Able to carry on a complicated conversation e.g. conversation about a school topic | ☐ 4 |

Irish_UlsterScots_3. How often do you speak Irish? (Select one answer only)

- | | |
|------------|----------------------------|
| Daily | ☐ 1 |
| Weekly | ☐ 2 |
| Less often | ☐ 3 |
| Never | ☐ 4 |

Irish_UlsterScots_4. Would you be interested in learning the Irish language in any of the following settings?

(Select as many answers as you need)

- | | |
|--|----------------------------|
| School | ☐ 1 |
| College / university | ☐ 2 |
| Local community classes | ☐ 3 |
| In your own time with online courses / podcasts / etc. | ☐ 4 |
| From family and friends | ☐ 5 |
| As a language class in an English-speaking school | ☐ 6 |
| At an Irish-speaking school where all subjects are taught in Irish | ☐ 7 |
| I don't want to learn Irish | ☐ 8 |

Irish_UlsterScots_5. Can you understand, speak, read or write Ulster-Scots, to some level?

(Select as many answers as you need)

- | | |
|--------------------------------|--|
| Understand spoken Ulster-Scots | ☐ 1 → Irish_UlsterScots_6 |
| Speak Ulster-Scots | ☐ 2 → Irish_UlsterScots_6 |
| Read Ulster-Scots | ☐ 3 → Irish_UlsterScots_6 |
| Write Ulster-Scots | ☐ 4 → Irish_UlsterScots_6 |
| None of the above | ☐ 5 → Irish_UlsterScots_8 |

Irish_UlsterScots_6. Which statement best describes your current ability to communicate using the Ulster-Scots language?

(Select one answer only)

- | | |
|--|----------------------------|
| Able to say single words or simple phrases e.g. 'hello', 'how are you?' | ☐ 1 |
| Able to say simple sentences e.g. 'can I have a cup of tea?' | ☐ 2 |
| Able to carry on an everyday conversation e.g. describing your day | ☐ 3 |
| Able to carry on a complicated conversation e.g. conversation about a school topic | ☐ 4 |

Irish_UlsterScots_7. How often do you speak Ulster-Scots? (Select one answer only)

- Daily ☐ 1
- Weekly ☐ 2
- Less often ☐ 3
- Never ☐ 4

Irish_UlsterScots_8. Would you be interested in learning the Ulster-Scots language in any of the following settings? (Select as many answers as you need)

- School ☐ 1
- College / university ☐ 2
- Local community classes ☐ 3
- In your own time with online courses / podcasts / etc. ☐ 4
- From family and friends ☐ 5
- As a language class at an English-speaking school ☐ 6
- At an Ulster-Scots-speaking school where all subjects are taught in Ulster-Scots ☐ 7
- I don't want to learn Ulster-Scots ☐ 8

SIGN LANGUAGE

SignLanguage_1. Do you know how to communicate in Sign Language?
(Select as many answers as you need)

- Yes, in British Sign Language ☐ 1 → SignLanguage_2
- Yes, in Irish Sign Language ☐ 2 → SignLanguage_2
- Yes other (Please tell us) ☐ 3 → SignLanguage_2
- No ☐ 4 → SignLanguage_3

SignLanguage_2. Which statement best describes your current ability to communicate using Sign Language? (Select one answer only)

- Able to sign single words or simple phrases e.g. 'hello', 'how are you?' ☐ 1
- Able to sign simple sentences e.g. 'can I have a cup of tea?' ☐ 2
- Able to carry on an everyday conversation e.g. describing your day ☐ 3
- Able to carry on a complicated conversation e.g. conversation about a school topic ☐ 4

SignLanguage_3. Would you be interested in learning Sign Language in school?

- Yes ☐ 1
- No ☐ 2

LONG-TERM CONDITIONS

LongTermConditions_4. In the last 12 months, which, if any, of the following conditions / disorders have you had? (Select as many answers as you need)

- | | | |
|---|-----------------------------|---------------------|
| Acne | ☐ 1 | Go to next section |
| Allergies / rashes | ☐ 2 | Go to next section |
| Chest infection (e.g. bronchitis) | ☐ 3 | Go to next section |
| Asthma | ☐ 4 | Go to next section |
| Epilepsy | ☐ 5 | Go to next section |
| Diabetes | ☐ 6 | Go to LTC_4a |
| Migraine | ☐ 7 | Go to next section |
| Eating disorder (e.g. anorexia, bulimia) | ☐ 8 | Go to LTC_5 |
| Depression / anxiety | ☐ 9 | Go to LTC_5 |
| Autism | ☐ 10 | Go to LTC_5 |
| ADHD (Attention Deficit Hyperactivity Disorder) | ☐ 11 | Go to LTC_5 |
| Learning disability | ☐ 12 | Go to LTC_5 |
| None of the above | ☐ 13 | Go to next section |

Next question only asked if Diabetes is selected at LTC_4 , otherwise respondents to proceed to LTC_5

LongTermConditions_4a. Do you have Type 1 or Type 2 diabetes?

- | | |
|---------------------|----------------------------|
| Type 1 diabetes | ☐ 1 |
| Type 2 diabetes | ☐ 2 |
| Not sure which type | ☐ 3 |

After LTC_4a, respondent to go to next section unless they have selected options 8 to 12 at LTC_4

LongTermConditions_5. Have you been offered any of the following, to help you manage your condition, from a doctor, nurse, pharmacist or other health professional e.g. social worker?

(Select as many answers as you need)

- Talking one to one ☐ 1 → Go to LTC_5a1
- Given details of a group class where you learn how to manage your condition ☐ 2 → Go to LTC_5b1
- Written information which explains how you can manage your condition (e.g. leaflets, pamphlets, care plan) ☐ 3 → Go to LTC_5c1
- Given details of websites to learn how to manage your condition ☐ 4 → Go to LTC_5d1
- Been told the name and contact details of groups which help people who have your condition ☐ 5 → Go to LTC_5e1
- Not aware of any support being offered ☐ 6 → Go to next section

LongTermConditions_5a1. Did you talk one to one with a health professional, e.g. doctor or nurse?

- Yes ☐ 1 → Continue to LTC_5a2
- No ☐ 2 → Go to next section (unless further answers selected in LTC_5)

LongTermConditions_5a2. How confident do you feel about managing your condition after talking one to one?

- I feel less confident ☐ 1
- My confidence is the same ☐ 2
- I feel more confident ☐ 3

LongTermConditions_5b1. Did you attend a group class?

- Yes ☐ 1 → Continue to LTC_5b2
- No ☐ 2 → Go to next section (unless further answers selected in LTC_5)

LongTermConditions_5b2. How confident do you feel about managing your condition after attending the group class?

- I feel less confident ☐ 1
- My confidence is the same ☐ 2
- I feel more confident ☐ 3

LongTermConditions_5c1. Did you read the written information offered?

Yes ☐ 1 → Continue to LTC_5c2

No ☐ 2 → Go to next section (unless further answers selected in LTC_5)

LongTermConditions_5c2. How confident do you feel about managing your condition after reading the written information?

I feel less confident ☐ 1

My confidence is the same ☐ 2

I feel more confident ☐ 3

LongTermConditions_5d1. Did you visit (go to) the websites suggested?

Yes ☐ 1 → Continue to LTC_5d2

No ☐ 2 → Go to next section (unless further answers selected in LTC_5)

LongTermConditions_5d2. How confident do you feel about managing your condition after visiting the websites?

I feel less confident ☐ 1

My confidence is the same ☐ 2

I feel more confident ☐ 3

LongTermConditions_5e1. Did you contact any of the groups that help people who have your condition?

Yes ☐ 1 → Continue to LTC_5e2

No ☐ 2 → Go to next section

LongTermConditions_5e2. How confident do you feel about managing your condition after contacting the group?

I feel less confident ☐ 1

My confidence is the same ☐ 2

I feel more confident ☐ 3

CAREERS ADVICE AND GUIDANCE (YEAR 11 & 12)

The following questions are about careers advice and guidance.

Career_1. How confident do you feel about making decisions about your career?

Very confident ☐ 1

Confident ☐ 2

Not confident ☐ 3

Career_2. Are you aware of the Government's / Department for the Economy's all-age Careers Service?

Yes ☐ 1

No ☐ 2

Career_3. Do you know how to contact a Careers Adviser outside school?

Yes ☐ 1

No ☐ 2

You may or may not have had a careers guidance interview with a Careers Adviser from the Careers Service – this Adviser is not a member of the school staff but attends your school at various times throughout the year to provide impartial careers guidance to pupils.

Thinking of this service, which of the following careers support would help you to achieve your career goals?

	Very important 1	Quite important 2	Not very important 3	Not at all important 4
Career_4. A meeting with a Careers Adviser to discuss my career plans and options	☐	☐	☐	☐
Career_5. Information on what employers are looking for	☐	☐	☐	☐
Career_6. Help with CV writing	☐	☐	☐	☐

Career_7. Help with interview skills	☐	☐	☐	☐
Career_8. Help to explore employment and career options	☐	☐	☐	☐
Career_9. Information on Training and Apprenticeships including how to apply	☐	☐	☐	☐
Career_10. Information on the qualifications I need to progress my career plans	☐	☐	☐	☐
Career_11. Information on how to find part time and voluntary work	☐	☐	☐	☐
Career_12. Advice on starting my own business	☐	☐	☐	☐
Career_13. Access to careers guidance online via webchat	☐	☐	☐	☐
Career_14. Help to identify my strengths, weaknesses, likes and dislikes	☐	☐	☐	☐
Career_15. Information on Further and Higher Education including how to apply	☐	☐	☐	☐
Career_16. Information on current and future labour market trends	☐	☐	☐	☐
Career_17. Help to find work experience opportunities	☐	☐	☐	☐

FUTURE INTENTIONS (YEAR 11 & 12)

Read the following statements and select one box on each line to show how strongly you agree or disagree with them.

After I finish school...	Strongly agree 1	Agree 2	Disagree 3	Strongly disagree 4	No idea / opinion 5
Future_1. ...I would like to continue studying	☐	☐	☐	☐	☐
Future_2. ...I know what area I want to work in (i.e. occupation)	☐	☐	☐	☐	☐
Future_3. ...I know what subject that I want to study	☐	☐	☐	☐	☐
Future_4. ...I would like to attend University locally	☐	☐	☐	☐	☐
Future_5. I would like to attend University outside of Northern Ireland	☐	☐	☐	☐	☐
Future_6. ...I would like to attend a Further Education College	☐	☐	☐	☐	☐
Future_7. ...I would like to do an apprenticeship or vocational training i.e. training that will give me the knowledge and skills to prepare me for a particular job	☐	☐	☐	☐	☐
Future_8. ...I would like to find work	☐	☐	☐	☐	☐
Future_9. ...I would like to set up my own company	☐	☐	☐	☐	☐

END OF SURVEY VERSION A